



TRYOUT SIGN-IN SHEET

CONTACT INFO:

What team are you trying out for? (Circle One)			
10U	12U	14U	16U 18U
First Name:		Last Name:	
Date of Birth:		Home Phone:	
Full Address:			
Player Email:		Player Cell:	
Parent #1	Name:	Cell:	Email:
Parent #2	Name:	Cell:	Email:
Jersey # (3 choices):		T-shirt Size (Circle One)	
		YM YL S M L XL 2XL	

EXPERIENCE:

What positions do you play / are you trying out for?
Please list previous travel ball teams you have played for and # of years you played:
High School Team (if applicable):

In order to participate in the Lady Cobras 2020 tryouts, the COVID-19 guidelines and waiver must be signed by all parents & players

Travel softball is a major commitment. You will be expected to attend all practices, team functions, games, and tournaments. These are all factors that must be considered when accepting a position on a Travel team. As a player, you are making a commitment to the New York Lady Cobras, to your coaches, and to the other members of your team. It is your responsibility to give 100% at all times. Travel softball is a highly competitive sport and your position is earned during the tryouts and every time you step onto the field.

NY Lady Cobras Covid-19 Guidelines

1. All posted and published regulated guidelines set forth by the CDC, state, and local authorities shall be followed by all coaches, players and parents. As such, coaches will devise tryout itineraries that abide by these guidelines regarding youth recreation play.
2. Tryout attendees are encouraged to create safe distances between each other (6 feet or more), where permissible, during drills. Coaches will ensure safe distances (6 feet or more) between themselves and the players.
3. Players will be allowed to wear PPE items if they choose, as long as these items do not compromise the safety of any and all participants. However, all players must have a mask with them in their equipment bag for all tryout sessions. Coaches reserve the right to ask the girls to wear their masks at any given time.
 - a. All coaches will be required to wear a mask when unable to maintain 6 feet from players and other coaches. Coaches have the option of using gloves. Coaches will be informed on proper use of gloves including cross-contamination.
 - b. Girls will be required to have a towel/rag or sweatband with them to wipe their sweat off their face during practice and games.
4. Parents are to supply their players with antibacterial wipes and hand sanitizer (containing at least 60% alcohol), which players are required to bring to the field for all tryout sessions to be used for the following:
 - a. Players will be required to clean their hands with an antibacterial product during scheduled breaks.
 - b. Upon arriving to and departing from the field, players are to disinfect (wipe down) hard surface areas (benches, bat racks, etc.), personal equipment (gloves, bats, helmets, etc.), and team equipment (balls, nets, tees, etc.).
5. Players are required to clean the dugout of all trash and other items after each session. If there are no garbage cans on site, players are to take their personal trash away with them to discard when a garbage receptacle becomes available.
6. Each player will have their own personal space for their personal equipment. Player equipment bags will be placed 6 feet apart from one another during all tryout sessions. All personal equipment must be contained within this space, with all equipment kept in their bag, or adjacent to their bag, at all times. (Extra room will be allocated for catchers).
 - a. Players and coaches will not be permitted to share personal equipment (gloves, bats, helmets, etc.).
7. Players are to have their drinks labeled and placed in their own equipment bag or cooler. Players who use refillable water bottles from home (Yeti, Hydroflask, etc.) are expected to wash their bottle when returning home before the next use.
8. No food, shared or otherwise, will be permitted at the field during tryout sessions. Players are to make sure they eat before play to ensure proper nutrition.
 - a. The use of gum and sunflower seeds are prohibited on the fields.
9. Parents must maintain 20 feet from the field for all tryout sessions. They are only allowed to approach the bench with permission from the coach or in emergency situations.

10. If a player displays any symptoms of illness, has exhibited a fever, or has been in contact with someone affected by COVID-19 that player is prohibited from all tryout sessions and parents are expected to keep their daughter at home. The coaches reserve the right to send a player home if she is displaying any symptoms commonly associated with COVID-19. Spectators who are sick, symptomatic, or have been in contact with someone affected by COVID-19 are also expected to remain home. If a player or family member test positive, or comes in contact with someone who tests positive, for COVID-19, that player, and her family will be asked to isolate for two weeks and may only return to play with a note from a physician. All instances of a positive COVID-19 test must be communicated to the organization president.
- a. All coaches and players will be screened for signs/symptoms of COVID-19 (including a temperature check) upon arrival to the field for each session attended. All screening question responses will be recorded and stored.

COVID-19 Player Waiver Form

In consideration of being allowed to participate in any way with the NY Lady Cobras softball organization, including all related events and activities, all parents and players acknowledge and agree that (each parent initials each item):

- _____ 1. I understand the risk to have contact with individuals, who have been exposed to and/or have been diagnosed with one or more communicable diseases, including but not limited to COVID-19 or other medical conditions, diseases, or maladies does exist, and it is impossible to eliminate the risk that I, or my family, could be exposed to and/or become infected through contact.
- _____ 2. I knowingly and freely assume all risks, both known and unknown, even if arising from the negligence of others, and assume all full responsibility for my daughter's participation. I hereby release and hold harmless the NY Lady Cobras softball organization, including all staff, with respect to any and all injury, illness, disability, death or loss or damage to person or property, whether arising from the negligence of the releases or otherwise.
- _____ 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself (or child) from participation and bring such to the attention of the nearest official immediately.

In consideration of being allowed to participate in any way with the NY Lady Cobras softball organization, the undersigned acknowledges the above guidelines and agrees to adhere to these guidelines during the 2020 tryout sessions. By signing below, you confirm having read this release of liability and assumption of risk agreement, and fully understand its terms.

Parent 1: _____

Parent 2: _____

Player: _____